



Meremed Medical Centre

93 Krishna Rabital Road

Merebank

Durban



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Reg. No. 2016/260305/07

VAT No. 4680274117

## CJS Group Introduction Letter

CJS Group (Pty) Ltd, is a level one B-BBEE certified company which was opened with the sole purpose of providing efficient service delivery to our Clients nationally.

We at CJS Group are a consolidated industry service provider. Our aim is to provide the best service to our clients in the various fields of industry and business. We understand what the customer needs and we fulfill the requirements in the appropriate span of time with proficient staffing.

### **We believe in “Supplying Quality Products and Services at the best pricing”**

We are equipped to supply and service any **Industry**:

(Engineering , Manufacturing, Construction, Medical Institutes, Transport, etc.)

### **Services provided:**

OHS On and Off Site Employment Medicals, Occupational Health and Wellness, Safety Training, Health and Safety Files compliance, Risk Assessments and Audits, Radiology, Audiology, Supply of Safetywear and PPE, Engineering and Fabrication, NDT Inspection, Construction, Scaffolding and Formwork, Maintenance and Insulation, Electrical and Plumbing, Janitorial and Industrial Cleaning, Employment and Staffing Solutions

### **Group Holdings:**

- ⇒ CJS OHS - Occu Health Specialist (Occupational Health and Safety)
- ⇒ CJS PPE and Uniforms
- ⇒ CJS Projects (Civils and Construction)
- ⇒ CJS Formwork and Scaffolding
- ⇒ CJS NDT, Engineering and Fabricators
- ⇒ CJS Property Management and Maintenance
- ⇒ CJS Medical Supplies and Equipment
- ⇒ CJS Procurement Specialists
- ⇒ CJS Security Services and Clearance Checks
- ⇒ CJS Accredited Training (SETA, CETA, TETA, QCTO)
- ⇒ CJS Logistics and Transport

“CJS GROUP (Pty) Ltd ARE AFFILIATED TO REGISTERED AND CERTIFIED PROFESSIONALS IN THEIR RESPECTIVE FIELDS OF PRACTICE”

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## OHS - Occu Health Specialist

### Compliance - Certification - Training

#### Occupational health practitioner act:

An OCC medicine practitioner or a person who holds a qualification in occupational health recognized as such by the South African Medical and Dental Council as referred to in the Medical, Dental and Supplementary Health Service Professions Act, 1974 (Act No. 56 of 1974), or the South African Nursing Council as referred to in the Nursing Act, 1978 (Act No. 50 of 1978).

#### Services provided:

##### Employment medicals:

Lung Function Test, Hearing Test, Vision Screening, Physical examination, Urine test, Urine Drug Test, Blood Pressure Monitoring, Glucose monitoring, Psychological Evaluation, Elevated Heights and Confined Spaces assessment, Heat stress test, On and Off Site X-rays if required, On and Off Site Blood testing if required.

##### Medical surveillance:

Monitoring and management of occupational disorders and chronic disease in the workplace.

##### Occupational Health Risk Assessment:

Risk assessment is carried out and the employer is advised on safe practices to avoid any dangerous conditions and manage risks according to recommended occupational standards in the work place.

##### Medical Equipment:

We have the latest Equipment and Software for the above Testing, Evaluation and Assessments. The equipment is compact and all testing is done at your Premises, Offices or Sites with no disruption to your daily operations.



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## **OHS - Occu Health Specialist** **Compliance - Certification - Training**

### **1. Health and safety system implementation**

Assist with developing safety systems as well as risk management assessments and policies for the company including procedures

### **2. System maintenance**

Updating of legislation and maintenance of your management system. Critical analysis Continuous assessment and analysis of all procedures and systems implemented - fault finding to identify weak areas of the systems that needs to be attended to and execute required action

### **3. Site visits & audits**

These visits will be conducted by criteria and follow ups to be done and action plans created.

Determine priority areas and enhance areas of concern. Ongoing safety meetings and reviews with guidance and be in attendance with a registered safety officer / representative.

### **4. Health and safety consulting** for principal contractors and sub-contractors.

### **5. Compile Health and safety files** for contractors that is site specific to their projects and scope of work.

### **6. Conduct or attend monthly legal compliance audits** on behalf of all our clients as required by legislation.

### **7. Attend monthly health and safety meetings** on behalf of our clientele.

### **8. Co-ordinate medical fitness** examination required for our clients employees.

### **9. Recruitment** of all health and safety personnel required by our clients.

### **10. Facilitate all health and safety training** requirements needed by our clients, safety representative, first aider, fire fighter, working on heights and more.



# OCCU Health Specialist



## Compliance - Certification - Training Services provided:

Health and Safety system implementation  
OHS On and Off Site Employment Medicals  
Occupational Health and Wellness  
Attend monthly Safety meetings  
Facilitate all Health and Safety Training  
Risk Assessments and Audits  
Health and Safety consulting  
Safety File Compliance  
Medical surveillance  
Blood Test  
Radiology  
Audiology  
Drug Test  
Accredited Training Provider  
First Aid  
Fire Fighting L1-3



**"WE COME TO YOU NATIONWIDE AT YOUR CONVENIENCE"**

**BRANCHES: MPUMALANGA JOHANNESBURG, GAUTENG ,DURBAN, KWAZULU NATAL**

**CONTACT : TELL 031 452 6165 CELL: 068224 4660 / 079 777 3888**

**EMAILS: ohs@cjsgroupsa.co.za / training@cjsgroupsa.co.za**





# CJS GROUP (Pty) Ltd

Compliance - Certification - Training

## TRAINING SERVICES

Health & Safety Representative  
Apply H&S to a work Area  
OHS Act Legislation (16,2)  
Incident /Accident Investigation  
Hazard Identification Risk Assessment – HIRA  
Emergency & Evacuation Procedures  
Working at Heights  
Confined Spaces  
Permit to Work  
OHS General Housekeeping  
OHS Inspections  
Environmental Initiatives  
Apply Occupational SHE Principles  
Safety / Construction Site Supervisor  
Breathing Apparatus / Respiratory  
Ergonomics Assessment  
Health & Safety Induction  
Hot Works Permit  
Crane Operation (Various)  
Stacking & Storage  
Fall Protection  
Lifting Equipment Training ( Forklift / Lift Trucks)  
TLB, FROND END LOADER, ADT DUMP, EXCAVATOR  
PPE Training



Occupational Safety & Health  
Fire Awareness  
Basic Fire Fighting  
First Aid Level 1-2-3



**"WE COME TO YOU NATIONWIDE AT YOUR CONVENIENCE"**

**BRANCHES:**

**MIDDELBURG, MPUMALANGA  
JOHANNESBURG, GAUTENG  
DURBAN, KWA-ZULU NATAL**



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